

Summer Camp!

"Pump It Up Again! "

Week 11 – August 24-28

Discovery

5-6 years

MONDAY	TUESDAY: FT	WEDNESDAY:Swim	THURSDAY: FT	FRIDAY: Swim
7a-9a	7a-9a	7a-9a	7a-9a	7a-9a
Extended Day Care	Extended Day Care	Extended Day Care	Extended Day Care	Extended Day Care
9a-930a	9a-930a	9a-930a	9a-930a	9a-930a
Rally	Rally	Rally	Rally	Rally
930a-10a	930a-10a	930a-10a	930a-10a	930a-10a
Aquarium Prep	Field Trip Prep	Swim Prep	Restroom Break	Swim Prep
10a-11a	10a-3p	10a-11a	10a-1130a	10a-11a
Aquarium at the Y!	Bonita cove!	Swim!	Sports/Field Trip Prep	Swim!
11a-12p	3p-330p	11a-12p	1130a-3p	11a-12p
Game/Art	Snack	Art and Craft	Pump it up!	Art and Craft
12p-1245p	330p-4p	12p-1245p	3p-330p	12p-1245p
Restroom/Lunch	Closing Rally	Lunch prepl/Lunch	Snack	Lunch prep/Lunch
1245p-2p	4p-6p	1245p-3p	330p-4p	1245p-3p
Nap/Reading/Art	Extended Care	Nap/Reading/Games	Closing Rally	Nap/Reading/Games
2p-3p	Campers will need their swim stuff (bathing suit, towel, sunblock, hat, goggles, etc) Tuesday, Wednesday, Friday	3p-330p	4p-6p	3p-330p
Zumba/Free Dancing		Snack	Extended Care	Snack
3p-330p		330p-4p	Socks are required for Pump it Up!	330p-4p
Snack		Closing Rally		Radio Gaga!
330p-4p		4p-6p		4p-6p
Closing Rally		Extended Care		Extended Care
4p-6p				
Extended Care				

Camp and Sports Director: Justin Reeves
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Camp Coordinator: Esme Pena
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Summer Day Camp! "Pump It Up Again!"

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Adventure 7-8yrs

MONDAY	TUESDAY: Field Trip	WEDNESDAY: SWIM	THURSDAY: Field Trip	FRIDAY: SWIM
7a-9a	7a-9a	7a-9a	7a-9a	7a-9a
Extended Care	Extended Care	Extended Care	Extended Care	Extended Care
9a-930a	9a-930a	9a-930a	9a-930a	9a-930a
Rally!	Rally!	Rally!	Rally!	Rally!
930a-1030a	930a-10a	930a-1030a	930a-1030a	930a-1030a
Sport/ Arts	Field Trip Prep	Arts and Crafts	Group Games	Kickball
1030a-11a	10a-3p	1030a-11a	1030a-11a	1030a-11a
Restroom/ Water Break	Bonita Cove!	Swim Prep	Restroom/Water Break	Swim Prep
11a-12p	3p-330p	11a-12p	11a-1130a	11a-12p
Aquarium at the Y!	Co-Op Game	Pool Deck/Swim	Field Trip Prep	Swim
12p-1p	330p-4p	12p-115p	1130a-3p	12-1p
Lunch	Closing Rally!	Restroom/Lunch	Pump It Up!	Swim Change/Lunch
1p-3p	4p-6p	115p-145p	3p-330p	1p-145p
Camp Rotations	Snack/ Extended Care	Co-Op Game	Restroom/ Water Break	Ice Cream Fun!!!
3p-330p	Water Field Trip! Make sure to pack a hat, sunblock, swimsuit, and a towel. Closed toe shoes are required every day.	145p-230p	330p-4p	145p-315p
Restroom/ Water Break		Science Project	Closing Rally!	Camp Rotations
330-4p		230p-330p	4p-6p	315p-330p
Closing Rally!		Restrooms/Round Table	Snack/Extended Care	Camp Awards
4p-6p		330p-4p	Please make sure your campers are wearing socks for Pump it Up.	330p-4p
Snack/ Extended Care		Closing Rally!		Radio Gaga!
	4p-6p	4p-6p		
Camp and Sports Director: Justin Reeves 619-264-0144 x111/ jreeves@ymca.org		Snack/ Extended Care		Snack/Extended Care

Camp Coordinator: Esme Pena

cpena@ymca.org

Unit Leader: Tyrell Porter

Summer Day Camp Pump It Up Again!

Week 11: August 24-28

Challenger 11-UP

MONDAY:	TUESDAY: SWIM	WEDNESDAY: FT	THURSDAY: FT	FRIDAY: FT
7a-9a	7a-9a	7a-9a	7a-9a	7a-9a
Extended Care	Extended Care	Extended Care	Extended Care	Extended Care
9a-930a	9a-930a	9a-930a	9a-930a	9a-930a
Rally!	Rally!	Rally!	Rally!	Rally!
930a-10a	930a-10a	930a-10a	930a-10a	930a-10a
Challenger Huddle	Challenger Huddle	Challenger Huddle	Challenger Huddle	Challenger Huddle
10a-1030a	10a-1030a	10a-3p	10a-1030a	10a-1030a
Restroom/Water	Restroom/Water	Bonita Cove!	Field Trip Prep	Restroom/Water
1030a-1130a	1030a-11a	3p-330p	1030a-3p	1030a-1130a
Team Activities	Swim Prep	Challenger Huddle	Waterfront Park!	Field Trip Prep
1130-12p	11a-12p	330p-4p	3p-330p	1130a-3p
Restroom/Water	Swim Time!	Closing Rally!	Challenger Huddle	Pump it Up!
12p-1230p	12p-1230p	4p-6p	330p-4p	3p-330p
Lunch	Lunch	Extended Care	Closing Rally!	Challenger Huddle
1230p-1p	1230p-1p	Bathing suits, towels, sunblock, water and a hat are recommended for the field trip.	4p-6p	330p-4p
Master Skill Activity	Master Skill Activity		Extended Care	Radio Gaga!
1p-2p	1p-2p		4p-6p	
Rotation Stations	Rotation Stations		Extended Care	
2p-3p	2p-3p		Bathing suits, towels, sunblock, water and a hat are recommended for the field trip.	Please make sure your camper is wearing socks, Pump it Up re- quires socks.
Team Building Games	Team Building Games			
3p-330p	3p-330p			
Challenger Huddle	Challenger Huddle			
330p-4p	330p-4p			
Closing Rally!	Closing Rally!			
4p-6p	4p-6p			
Extended Care	Extended Care			

Camp and Sports Director: Justin Reeves

Unit Leader: Shanae Dunn

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Camp Coordinator: Esme Pena cpena@ymca.org

Summer Camp! "Pump It Up Again"

Week 11 – August 24-28

Explorer

9-10 years

MONDAY	TUESDAY: SWIM	WEDNESDAY: FT	THURSDAY: Field Trip	FRIDAY: Field Trip
7a-9a	7a-9a	7a-9a	7a-9a	7a-9a
Extended Care	Extended Care	Extended Care	Extended Care	Extended Care
9a-930a	9a-930a	9a-930a	9a-930a	9a-930a
Rally!	Rally!	Rally!	Rally!	Rally!
930a-945a	930a-11a	930a-10a	930a-10a	930a-1030a
Restroom/Water	Swim Prep/Swim!	Field Trip Prep/ Restroom	Field Trip Prep/ Restroom	Sports Activity
945a-1015a	11a-1130a	10a-3p	10a-230p	1030a-1130a
Team Building Activity	Swim Change/Restroom	Bonita Cove!	Waterfront Park!	Field Trip Prep/ Restroom
1015a-1115a	1130a-12p	3p-330p	230p-315p	1130p-3p
Camp Games	Circle Games	Restrooms/Reflection	Camp Games	Pump it Up!
1115a-1215p	12p-1p	330p-4p	315p-330p	330p-4
Sports Activity	Lunch Prep/Lunch	Closing Rally!	Restroom/Water	Radio Gaga!
1215p-130p	1p-2p	4p-6p	330p-6p	4p-6p
Lunch Prep/Lunch	Science Activity	Extended Care	Closing Rally/Extended!	Extended Care
130p-215p	2p-315p	Bathing suits, towels, sunblock and a hat are recommended for the field trip.	Bathing suits, towels, sunblock and a hat are recommended for the field trip.	Socks are required for Pump it Up!
Art Activity	Sports Activity			
215p-315p	315p-330p			
Water Balloons	Restroom/Water			
315p-330p	330p-4p			
Restroom/Water	Closing Rally!			
330p-6p	4p-6p			
Closing Rally/ Extended!	Extended Care			

Camp and Sports Director: Justin Reeves

Unit Leader: Ali Cardenas

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