



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Dear YMCA Youth Sports Parents,

Welcome to our JACKIE ROBINSON YMCA YOUTH SPORTS program. First, let us take this opportunity to thank you for choosing the Jackie Robinson YMCA Youth Sports Program. We are truly excited to have your child be part of our program!

We are committed to providing an organized, fun, noncompetitive sports experience for you and your child. We also invite you to show your support and become more involved as a team volunteer or coach to help continue the positive growth and enjoyment that we are currently experiencing in our program.

For our spring sports season, we will be holding **practices at Lincoln High School** Monday–Thursday and **games will be held at East County McGrath YMCA** on Saturdays.

**Practices will be starting up the week of July 11th; we will be having practices this week based on age groups, this will not be a practice with your set team. You will receive your child’s team roster and practice days and times no later than Monday, July 18th.

Please see the **first day of practice times listed below:**

Basketball:		Soccer:	
Ages 5-6	Mon (7/11) 5:30-6:30pm	Ages 7-9	Wed (7/13) 5:00-6:00pm
Ages 7-9	Tues (7/12) 5:30-7:00pm	Ages 10-12	Fri (7/15) 5:30-6:30pm
Ages 10+	Wed (7/13) 5:30-7:00pm		

We will try our best to grant requests, but requests are not guaranteed. Our main goal is to create balanced teams.

The Youth Sports Parent Manual will provide you with all of the necessary and important information for our sports programs.

If you have any questions, concerns or suggestions about any of our programs please feel free to contact us. We strive to ensure we are providing the highest quality program for you and your child.

We thank you once again and, as always, encourage your feedback and suggestions as we look forward to all the great seasons we have ahead of us.

Regards,

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Important Youth League Dates to Remember

▪ Season dates	July 11–September 17
▪ Mandatory Skills Assessment Day	July 9
▪ First week of practice begins	Week of July 11
▪ First Game	July 23
▪ Picture Day	August 13
▪ Last Game	September 17

Dates

Important information:

- **Practice information:** Youth Sports program participants practice at least one night per week.
 - Monday – Friday between the hours of 5:00pm – 7:00pm.
 - Days and times vary based on coach availability. You will be contacted by your coach or a sports staff before your first official practice.
- **Jersey size:** All participants' jerseys will arrive by their first game if registered by July 9th. Specific sizes may not be guaranteed for registrations after July 9th.
- **Coaches:** Please note that all coaches are approved and trained volunteers. We will provide them with the participant's name, parent's name, email and phone number.

Basketball:

- Games:
 - Games are played on Saturdays between the hours of 9am–5pm in the gymnasium.
 - All ages may travel to other YMCAs.
- Attire:
 - T-shirt, athletic shorts, closed toe shoes and water bottle. **Jerseys will be provided for game days for you to keep.**

Arena Soccer:

- Games:
 - Games are played on Saturdays between the hours of 9am–7pm in the Soccer Arena.
 - Ages 8 and up may travel to other YMCAs.
- Attire:
 - T-shirt, athletic shorts, closed toe shoes/soccer cleats (preferred), **shin guards (required)**, and water bottle. **Jerseys will be provided for game days for you to keep.**

Flag Football:

- Games:
 - Games are played on Saturdays between the hours of 9am–3pm.
 - May have to travel to other YMCAs
- Attire:
 - T-shirt, athletic shorts, closed toe shoes/cleats and water bottle. **Jerseys will be provided for game days for you to keep.**
 - Mouth guards are highly recommended